
Keith Sanford, M.D., P.A.
is now...
River City Eye



Keith Sanford, M.D., P.A. is now known as River City Eye Associates, PLLC.

In June 2019, some exciting changes happened at our clinic! Along with the name change, Aaron C. Hager, M.D. began to see patients as Dr. Sanford took an indefinite leave of absence. Dr. Hager is a board-certified comprehensive ophthalmologist. He was trained in the Air Force and served at MacDill AFB until his recent transition to civilian medical care. Committed to excellent medical care in the community, Dr. Hager is looking forward to meeting you and serving your ophthalmology needs!

“This clinic is known in this community for high quality, friendly patient care. Our hope is that patients will find that the commitment to excellent care remains unchanged!”

Aaron C. Hager, M.D.

Get to Know Dr. Hager

~Passionate about serving people and looks forward to doing missions work in the future.

~Blessed with four precious children ranging from 5 to 11 years old (Jaylee, Averie, Braeden, and Ria).

~Just celebrated 17 years of marriage to his best friend, Tiffany.



~Grew up in San Marcos, TX and is glad to be back in his home state (but he does miss the Florida Gulf Beaches where he was stationed the last four years).

~Outdoor enthusiast and loves mountain biking, running, camping (especially at Big Bend National Park).

-Wants to grow a jack fruit tree someday.

~On clinic days, he shares a quote-of-the-day with his staff. Be sure to ask him to share when you come in for an exam!

-His kids helped to name the clinic River City Eye Associates.

-Loves jazz music (and you might just hear it playing in the operating room).



Ophthalmology Tidbit: WHAT IS GLAUCOMA?

Glaucoma is a disease process where eye pressures that are too high cause damage to the optic nerves - the connections between the eye and the brain. For most people, glaucoma damage happens silently - without their knowledge until it is much too late. Some of the major **risk factors for glaucoma are increasing age, family history, ethnicity and high eye pressures**. When a patient is diagnosed with glaucoma, initial treatment is usually in the form of an eye drop to use daily and/or a laser procedure. With proper treatment and monitoring, most patients do very well and retain great vision throughout their lives.

Q and A ...with Dr. Sanford

How did you decide that Dr. Hager should be the new ophthalmologist for your patients?

"When I met Dr Aaron Hager, I knew I had found a fully proficient ophthalmologist with all the best attributes – impeccable technical and personal skills, San Antonio roots, and military experience - that made him a perfect match to carry on the practice we have built over the last 15 years, and to provide uninterrupted care for you, my many wonderful patients."

Is your leave of absence health related?

"Many of you have voiced concern over my health, and I greatly appreciate this concern. Please let me assure you all that I am fine. No health concerns led to this recent change."

Why are you taking time off from clinic and surgery?

"For several years I have desired to take an extended sabbatical to regroup and take care of accumulating family and life issues."

Are you retiring?

"As I said in a prior letter, which I hope you received, I am not leaving the profession of ophthalmology. My future involvement with River City Eye Associates is yet to be determined."

What if I have further questions?

"Again let me apologize for any confusion created with this recent change. Please contact the office at 210-930-2015 for any questions or concerns. In the future, I may well see you at one of the 2 practice locations, the commissary, or just out and about town."